

FFSC Desert Compass

Guiding China Lake Through Every Season

APR, MAY, JUN 2026 | NAWS China Lake FFSC Quarterly Calendar



SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR)

SAPR COMMAND DUTY OFFICER TRAINING (OFFERED QUARTERLY)

If you are a Command Duty Officer, please join your SAPR program to receive your quarterly update on policy changes, updates to SAPR services and procedures, and obtain the resources needed to help those you support.

Jun 11 - 2 PM

SEXUAL ASSAULT RESPONSE PROGRAM COMMAND LEADERSHIP TRAINING

This 1 - hour training fulfills the SAPR training requirements for OPNAVINST 1752.2C for new Commanding Officers, Executive Officers, Senior Enlisted Leaders, or Officers in Charge to be oriented to the SAPR program at NAWSCL within the mandatory 30 days of assuming command.

**Apr 14 - 12 PM | May 19 - 12 PM
Jun 16 - 12 PM**

SEXUAL ASSAULT CASE MANAGEMENT GROUP (SACMG) TRAINING

Are you a new Commanding Officer, Executive Officer, Senior Enlisted Leader, or Officer in Charge at China Lake? Or do you need your yearly SACMG refresher training? In addition to the Commander's Toolkit Training, this training will orient you to your responsibilities and the process of the SAPR Case Management Group. Fulfills CINCPACFLT 1752.4 requirements and is required prior to attendance of SACMG.

**Apr 14 - 11 AM | May 19 - 11 AM
Jun 16 - 11 AM**

SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR) - SPOUSE ORIENTATION

Overview of the SAPR program for dependents (over 18) and spouses of Service members. Know your options, resources, intervention skills, and receive information on how you can support others who experience sexual violence.

May 4 - 11 AM | May 4 - 3 PM

FFSC Virtual Clinical Counseling CONNECT to GET CARE

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

Virtual clinical counseling helps with:

- Separation
- Relationship issues
- Grief
- Parent-child interactions
- Deployment
- Other challenges related to military and family life
- Relocation

To schedule an appointment, call 1-855-205-6749. If calling outside of regular business hours, leave a message. Your call will be returned within one business day.

www.ffsp.navy.mil



**SCAN HERE
TO STAY UPDATED ON
FFSC NAWS CHINA LAKE**



VIRTUAL CLASSES IN RED

Victim Reporting Options Guide

Sexual assault is a crime that harms our Service members, erodes our readiness, and hinders our ability to field the ready force that the National Defense Strategy requires. Deciding whether to report a sexual assault is a deeply personal decision; however, reporting can be a gateway to recovery. The DoD's Unrestricted Reporting and Restricted Reporting options allow Service members who experience sexual assault to exercise control over how and when they engage with helping resources. Both reporting options allow victims to receive medical, legal, and advocacy services.

Unrestricted Report

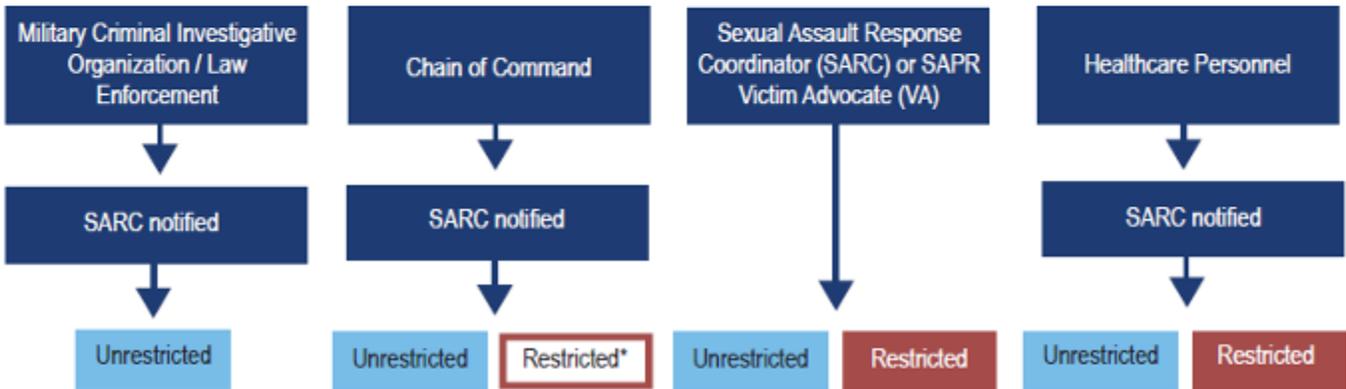
Allows adult victims of sexual assault to report crimes without requesting confidentiality of their allegations. DoD law enforcement initiates an investigation and the chain of command is notified. This option also allows reporting of retaliation related to a sexual assault report.

Restricted Report

Allows adult victims of sexual assault to confidentially report the crime to specified individuals without triggering an investigation. Information provided to the chain of command does not reveal personally identifying information. Only SARCs, SAPR VAs, and health care personnel can accept a Restricted Report.

VICTIM REPORTING AND NOTIFICATION PROCESS

When the victim discloses a sexual assault to...



FREE!

Strike Out Child Abuse!

Free Bowling
Hall Memorial Lanes
April 7 | 3:30-5:30 pm

CHALK THE WALK

NAVAL AIR WEAPONS STATION CHINA LAKE

Sexual Assault Awareness and Prevention Month (SAAPM)

Thursday, April 16 | 11am-1pm | Gym
 Thursday, April 23 | 10am-12 pm | NEX

Let's take our message to the streets... and sidewalks! We invite you to join us in chalking the walk for Sexual Assault Awareness and Prevention Month.

IDEAS TO CHALK:

- We can end sexual violence!
- Prevention is possible!
- (draw a teal ribbon)
- Stop victim blaming.
- No one has to do everything; everyone has to do something.
- My outfit does not give you permission for anything.
- Rape is a reality. We can change that.
- Everyone deserves respect and safety.

SAVING & INVESTING

Learn to evaluate and choose appropriate tools and techniques to build wealth.

Apr 14 - 8 AM

CREDIT MANAGEMENT

Learn how to establish and maintain good credit, calculate a safe debt load, and avoid excessive debt.

Apr 16 - 3 PM

HOME BUYING

Determine if you are ready to purchase a home. Learn how to choose a real estate agent and mortgage.

Apr 21 - 1 PM

DEBT DESTROYER

Get control of your financial affairs, develop financial goals, and develop a budget that can put you on the path to wealth!

Apr 22 - 1 PM

DISASTER PREPAREDNESS

Learn to identify the information and resources you need to be physically and financially ready for an emergency or disaster.

May 6 - 1 PM

THRIFT SAVINGS PLAN (TSP)

What are the Benefits of participating in the TSP? Learn how the Thrift Savings Plan (TSP) can contribute to your financial security during retirement.

May 19 - 9 AM

SURVIVOR BENEFITS PLAN

Learn the function and benefits of the military retiree Survivor Benefit Program so that you can make the best decision for yourself and your beneficiaries.

May 20 - 11 AM

PLANNING FOR THE HOLIDAYS

Get strategies to avoid overspending and accumulating excessive debt by calculating a holiday spending plan.

Jun 1 - 2 PM

DEVELOPING YOUR FINANCIAL PLAN

Develop financial goals and a written plan to achieve those goals. Complete an organized spending plan that simplifies your family finances.

Jun 2 - 9 AM

CAR BUYING

Identify car costs, research tools, and hidden sales tactics. Explore negotiation techniques and determine how much you can afford.

Jun 3 - 11 AM

FAMILY EMPLOYMENT READINESS PROGRAM (FERP)

ACING THE INTERVIEW

Make your dream job a reality! Gain information and resources to develop expert interview skills.

Apr 8 - 10 AM | Jun 9 - 10 AM

CAREER EXPLORATION

Take a career assessment to determine which careers fit your personality and skills. FFSC can help you find jobs that will follow your spouse through their career in the Navy career.

Apr 7 - 2 PM | Jun 16 - 2 PM

CAREER NETWORKING

Explore the art of strategically making connections and building relationships that will bring more opportunities into your life.

Apr 16 - 10 AM | Jun 15 - 12 PM

ENTREPRENEURSHIP PURSUIT OF SELF-EMPLOYMENT

Discover how your strengths and life goals can align with successful business ownership. Uncover fundamental tools and strategies for launching and growing a small business.

May 19 - 4 PM | Jun 15 - 2 PM

JOB SEARCH STRATEGIES

Are you looking for employment? Learn to find, federal, state, county, local, or remote jobs.

Apr 16 - 2 PM | May 21 - 3 PM

MWR RESUME

Looking for a job with MWR? Learn the process of getting hired at MWR including how to create a resume that will stand out to MWR hiring managers.

May 26 - 3 PM | Jun 16 - 10 AM

NAVIGATING FEDERAL EMPLOYMENT

Get the latest information and resources to navigate the federal employment process. Learn tips from the experts on how to create the perfect federal employment resume.

May 21 - 11 AM | Jun 8 - 2 PM

TAILORING A RESUME

A resume is the key to obtaining interviews. Fleet and Family Support Centers can help make sure your resume advertises your skills and abilities. Wow employers with an organized, effective, and winning resume.

May 13 - 8 AM | Jun 10 - 11 AM



FFSC Family

SPRING SERIES

Mar 30 | 10am-12pm | Crafting & Games | Take 5 Meeting Room
Mar 31 | 2pm - 4pm | Crafting & Games | Liberty Housing Clubhouse
Apr 01 | 10am-12pm | Family Fun Games | Take 5 Meeting Room
Apr 02 | 2pm - 4pm | Crafting & Games | Liberty Housing Clubhouse
Apr 03 | 10am-12pm | Crafting & Games | Take 5 Meeting Room

OMBUDSMAN PROGRAM

OMBUDSMAN TRAINING (OBT) IN PERSON SESSIONS

Mandatory **17.5-hour** course provides Ombudsmen with the knowledge, skills and resources needed to be successful in their volunteer role. This workshop is open to newly appointed Ombudsman, current ombudsman, and command point of contacts.

Must attend all workshops for Ombudsman certification.

Registration ends May 18, 2026
Contact Deborah Edwards 760-939-4553

- May 26 - 8:30 am - 1 pm
- May 27 - 8:30 am - 1 pm
- May 28 - 8:30 am - 1 pm
- May 29 - 8:30 am - 1 pm



EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

EFMP COFFEE & CHAOS

Bring your little ones to play while you have coffee and learn about advocacy tips for parents of children in EFMP.

Apr 1 - 4 PM | May 6 - 4 PM | Jun 3 - 4 PM

EFMP POC TRAINING

Commands will learn to develop and establish an EFMP Point of Contact program. EFMP POC's support EFMP families by providing enhanced communication, information, and referral to Medical and Fleet & Family services.

**Apr 6 - 12 PM | Apr 14 - 8 AM | May 7 - 10 AM
May 20 - 1 PM | Jun 16 - 8 AM | Jun 26 - 10 AM**

EFMP: 504 AND IEP - WHAT DO THEY MEAN?

This workshop addresses the differences between 504 plans and Individual Education Plans (IEP) and how to advocate for your child to receive the proper services needed for their individual needs.

Apr 23 - 12 PM | Jun 30 - 9 AM

EFMP: RESOURCES & SUPPORT

Come and gain valuable insight into the EFMP program and resources needed to support your EFMP family member. Learn and share tips with other EFMP families.

Apr 13 - 8 AM | May 12 - 10 AM | Jun 30 - 1 PM

VIRTUAL CLASSES IN RED

LIFE SKILLS

ANGER MANAGEMENT

Learn to address signs and symptoms of anger mismanagement, identify effective ways to express anger, and identify resources available to assist in changing destructive anger related behaviors.

Apr 14 - 2 PM | Jun 16 - 2 PM

CONFLICT MANAGEMENT

Apply collaborative problem-solving techniques to create positive outcomes from conflict situations.

Apr 21 - 2 PM | Jun 23 - 2 PM

EFFECTIVE COMMUNICATION SKILLS

Learn how to utilize the power of effective communication as a vehicle for enhancing relationships at work and at home.

Apr 28 - 2 PM | Jun 30 - 2 PM

SUICIDE PREVENTION GMT

Gain the tools, resources, and confidence to recognize someone at risk and how to intervene. Learn suicide risk and protective factors, warning signs, lethal means safety, and active postvention.

May 13 - 3 PM

RELOCATION (RELO)

SPONSORSHIP TRAINING

Pre-registration is required. We will discuss the benefits of a successful sponsorship program and review the roles and responsibilities of command sponsors.

Apr 15 - 3:30 PM

May 20 - 3:30 PM

Jun 10 - 8 AM

WELCOME ABOARD

Connect with other military families and explore local hidden gems in the area, and dive into valuable insights on military programs. We have resources for new spouses, foreign-born spouses, and everyone! Let's build a supportive community together

Apr 7 - 11 AM | Apr 20 - 1 PM

May 6 - 9 AM | May 18 - 9 AM

Jun 10 - 3 PM | Jun 26 - 2 PM



PARENTING

ACTIVE PARENTING: FIRST 5 YEARS

Pre-Registration is required

Parents and caregivers of littles, this class is for you. Learn child development principals along with age-appropriate behaviors utilizing ages and stages in this 4-part interactive series. We will focus on encouraging positive behaviors, preventing problems and learn methods for positive discipline. Pre-Registration is required.

Apr 08 - 2 PM Session 1: You and Your Child

Apr 15 - 2 PM Session 2: Preventing Problems

Apr 22 - 2 PM Session 3: Encouraging Positive Behavior

Apr 29 - 2 PM Session 4: Preparing for School Success

ACTIVE PARENTING: BASICS

New parents, established parents, and completely confused parents - this is the class for you! In this 5 part interactive series, learn the basics of development and communication with your little person(s). Each class builds knowledge and skills on how to build relationships and bridges of communication with your children ages 0-18.

Pre-Registration is required.

Jun 04 - 2 PM Session 1: The Active Parent:

Jun 11 - 2 PM Session 2: Cooperation and Communication

Jun 18 - 2 PM Session 3: Responsibility and Discipline

Jun 25 - 2 PM Session 4: Building Courage and Self Esteem

Jul 02 - 2 PM Session 5: Understanding the Redirecting

Misbehavior

PARENT & FAMILY RESOURCES WEBINAR

Brief overview of community and virtual resources available to military families.

Apr 02 - 10 AM | May 01 - 2 PM | Jun 04 - 10 AM

DEPLOYMENT WORKSHOPS: BY APPOINTMENT

Get the skills and resources needed to prepare for and manage the realities of separation and reintegration.

VOLUNTEER ORIENTATION: BY APPOINTMENT

Discover volunteer opportunities at the Fleet and Family Support Center with flexible schedules and diverse learning experiences.

RELOCATION WORKSHOPS: BY APPOINTMENT

Whether you are settling in or departing from a duty station, the relocation program can make the transition easier for you and your family.

FAMILY ADVOCACY PROGRAM (FAP)

HEALTHY RELATIONSHIPS & TEEN DATING VIOLENCE PREVENTION

It's never too early to talk to your child about healthy relationships and dating violence. Put your teen on track to manage a healthy relationship, understand boundaries, and recognize signs of abuse.

Apr 16 - 2 PM

FAMILY ADVOCACY: INTIMATE PARTNER VIOLENCE

Discover how the Navy addresses intimate partner violence to strengthen family health and readiness. Learn about prevention strategies, mandatory reporting, and supporting victims.

May 6 - 11 AM

IDENTIFICATION AND REPORTING OF CHILD ABUSE AND NEGLECT

Find out how the Navy addresses child abuse and neglect. Learn about prevention strategies, mandatory reporting, how to recognize and report signs of child abuse and neglect.

Apr 3 - 2 PM

FAMILY ADVOCACY PROGRAM OVERVIEW

Overview of the Family Advocacy Program (FAP) prevention and intervention process.

Apr 02 - 12 PM | May 01 - 11 AM | Jun 10 - 11 AM

PREVENTING AND RESPONDING TO PROBLEMATIC SEXUAL BEHAVIOR IN CHILDREN AND YOUTH (PSB-CY)

Discover and refresh on the Navy's prevention and response efforts to PSB-CY. Learn the basics of child sexual development and the continuum of childhood sexual behaviors, recognize vulnerabilities and protective factors, understand when and how to make a PSB-CY report to FAP.

April 14 - 11 AM

FAP LEADERSHIP ORIENTATION

This 1.5 - hour training provides an overview of the Family Advocacy Program, the Sailor Assistance & Intercept for Life (SAIL) program, a review of Problematic Sexual Behavior in Children & Youth (PSB-CY) policy and MDT meeting requirements.

*(*Fulfills OPNAVINST 1752.2C, for new Commanding Officers to be oriented to the Family Advocacy Program in the local area within 90 days of assuming command. *Fulfills annual training requirements for Senior Enlisted Advisors)*

May 7 - 9 AM

VIRTUAL CLASSES IN RED



FFSC Family
SUMMER
series

ALL EVENTS ARE
10AM - 12PM

June 2 | Movie & Crafts | FFSC Children's Playroom
June 9 | Crafting & Games | Liberty Housing Clubhouse
June 16 | Rockwall Kids (Free for military & family) | Mirror Lake
June 23 | Crafting & Games | Take 5 Meeting Room
June 30 | Inside Out Day | FFSC Children's Playroom
July 7 | Crafting & Games | Liberty Housing Clubhouse
July 14 | Crafting & Games | Take 5 Meeting Room
July 21 | "Axe-citing" Family Time | Mirror Lake
July 28 | Back to School Activities | FFSC Children's Playroom

MENTAL HEALTH AWARENESS WEEK

May 11 Drop-in Crafting | FFSC Children's playroom

May 12 Go for a Tech-Free Walk

May 13 Family Meditation Hour | FFSC Children's Playroom 11 AM - 12 PM

May 14 3 PM Mental Health Bingo | FFSC Children's Playroom

May 15 12 PM Self-Care Yoga | MWR Fitness

May 16 Go for a Hike with your Friends and Family

MIND BODY MENTAL FITNESS PROGRAM (MBMF)

Learn to enhance the mind, body, spirit, and social domains in one's life. MBMF teaches proactive pathways to achieve mental fitness and gives you the tools to manage stress.

Apr 7 - 2 PM

Module 6: Connection

May 5 - 10 AM

Module 1: Stress Resilience

May 12 - 10 AM

Module 2: Mindfulness

May 19 - 10 AM

Module 3: Living Core Values

May 26 - 10 AM

Module 4: Flexibility

Jun 2 - 10 AM

Module 5: Problem Solving

Jun 9 - 10 AM

Module 6: Connection

VIRTUAL

May 5 - 2 PM

Module 1: Stress Resilience

May 12 - 2 PM

Module 2: Mindfulness

May 19 - 2 PM

Module 3: Living Core Values

May 26 - 2 PM

Module 4: Flexibility

Jun 2 - 2 PM

Module 5: Problem Solving

Jun 9 - 2 PM

Module 6: Connection

TRANSITION ASSISTANCE PROGRAM

TAP CLASS 3 DAY CORE CURRICULUM

This class is your compass for a smooth journey into civilian life. Gain insights, resources, and essential skills to make your transition a success. Registration required through your Command Career Counselor. Reservations required 1 month in advance.

May 11 - 13

TAP TRACK: EMPLOYMENT

Comprehensive employment workshop covering best practices in career development, including learning interview skills, building effective resumes, and using emerging technology to network and search for employment.

May 14 - 15

TAP TRACK: CAREER TECHNICAL EDUCATION

Explore a variety of career considerations, including labor market projections, education, apprenticeships, certifications, and licensure requirements.

May 14 - 15

TAP TRACK: ENTREPRENEURSHIP

Interested in exploring business ownership or other self-employment opportunities? Learn about evaluating business concepts, developing a business plan, accessing start-up capital, and contracting opportunities

Oct 1 - 2

PRE-SEPARATION COUNSELING

Pre-separation counseling is required 365 days prior to transition. This class provides information on the many benefits, services, resources, and programs available to members transitioning out of military service.

Apr 15 - 8 AM | May 20 - 8 AM | Jun 3 - 8 AM

PERSONAL FINANCIAL
MANAGEMENT PROGRAM

Command Financial Specialist (CFS) Training

CFS QUARTERLY FORUM

Attend this forum to discuss personal financial management trends, Navy benefits, policy updates, and new financial programs. Open to CFS's, Leadership, Chiefs, and Command Career Counselors.

May 21 - 3 PM

MILLION DOLLAR SAILOR

This workshop is a two-day personal wealth-building workshop designed to assist Sailors and their families with successfully navigating through the financial transitions of Navy life.

Apr 27 - Apr 28 | Jun 9 - Jun 10

Financial Literacy

Interested in a collateral duty that will not only benefit your command, but you personally? A CFS is the command's lead for financial literacy education and training, information and referral, financial counseling, and consumer advocacy.

April 29 – May 1

Million Dollar Sailor Completion Required

Register Today: 760-939-1018 or jenny.L.rodriguez10.naf@us.navy.mil



Contact your Fleet and Family Support Center
for more details on this training.

