

BEHAVIORAL HEALTH

Ridgecrest Services – Medi-Cal/Free, Private Pay/Insurance

Mental Health Crisis Emergency Hotline: 988

All emergencies: **911**; Police Ridgecrest: **1-760-499-5100**; Sheriff Substation: **1-760-384-5800**

Mental Health Crisis: go to Ridgecrest Crisis Stabilization Unit: 1141 Chelsea St., **1-760-463-2880**

College Community Services (CCS) – Medi-Cal or Medi-Medi; 1400 N Norma Ste, 127-133, Ridgecrest 93555 **1-760-499-7406**

A Kern County Mental Health contract agency providing mental health services to East Kern and is not affiliated with Cerro Coso Community College

- **24-Hour Crisis Line: 1-877-300-4738**
- **CCS HOPE Center:** 1400 N. Norma Ste. 137, Ridgecrest 93555 **1-760-446-1597**

A recovery center that provides a stress-free, relaxed, safe and friendly atmosphere for anyone who has been touched by a mental illness. Focus of activities are on recovery, relapse prevention, peer-to-peer support, and socialization.

Omni Family Health, (Medi-Cal, most insurances) 1133 N. Chelsea, **1-866-707-6664**

Ridgecrest Rural Health Clinic (Ridgecrest Regional Hospital): 1111 N. China Lake Blvd. Ste 190: **1-760-499-3863**

National Alliance on Mental Illness (NAMI) – Janet **1-760-384-8672**; **Family Support Group:** zoom every 2nd and 4th Tuesdays 5:15-6:45 p.m., and 1st Wednesdays, 6-7:30 p.m.; to register send email to namikern@yahoo.com; questions: **1-661-858-3255**.

Connection Peer Recovery Support Group: Mondays 6-7 p.m. (via zoom) and Thursdays 6-7:30 p.m. (via zoom); to register send email to namikern@yahoo.com or call **1-661-247-5426**. **Family-to-Family** is offered twice each year via zoom; to register send email to namikern@yahoo.com or visit website at <https://www.namikerncounty.org/programs/>. **Peer-to-Peer** is offered twice each year via zoom; to register send email to namikern@yahoo.com or visit website at <https://www.namikerncounty.org/programs/>

Grief Support – **1-760-499-3617**, 417 Drummond Ave. (Senior Services); 1st Tuesday of each month 6:00 p.m.

Suicide Survivor's Support Group: Bakersfield; Every 1st & 3rd Tuesday of the month 6-8 p.m. **1-661-868-1719**

EMERGENCY NUMBERS

Mental Health Crisis Emergency Hotline: 988

All emergencies: **911**

Police Ridgecrest: **17650-499-5100**

Sheriff Substation: **1-760-384-5800; 1-800-861-3110**

Addiction 24-Hour Helpline: **1-877-955-5361**

Adult Protective Services: **1-661-868-1006; 1-800-277-7866**

Alcoholics Anonymous: 24-Hour Meeting Info: **1-760-375-5445**

Behavioral Health & Recovery Services Crisis line **1-800-991-5272**

Child Abuse Hotline: Report 24 hrs/day, 7 days/wk: Countywide:
1-661-631-6011; Ridgecrest: 1-760-375-6049

College Community Services: 24 Hr Crisis Line: **1-877-300-4738**

Kern Stop Meth Now: 1-855-No2Meth (**1-855-662-6384**)

Narcotics Anonymous Help & Info Line Kern Co: **1-877-629-6759**

Sexual Assault Response Team: **1-760-375-0745** (9 am-5 pm M-F)

SUICIDE HOTLINE: (1-800-Suicide) **1-800-784-24331**

TALK Lines:

- National Suicide Prevention Lifeline: **1-800-273-8255**
- NAMI Information Help Line: **1-800-950-6264**
- San Joaquin Warm Line: **1-209-468-3585**
- Mental Health Crisis Warm Line: **1-888-448-9777**

Text Line (24-7) **741-741**

Trona: San Bernardino Access #: **1-888-743-1478**;

San Bernardino Crisis Response: **1-760-956-2345**

Veteran's Crisis Line: 1-800-273-8255

Women's Shelter Network Hotline: 1-760-375-7525

Aegis: 1111 W. Inyokern Rd. Ste. B, Ridgecrest

1-626-782-2851 Getting off pain

medications & treating Opioid dependence

Ridgecrest Mental Health Urgent Care

Ridgecrest Crisis Stabilization Unit (CSU):

1141 Chelsea St. Ridgecrest **1-760-463-2880**

Bakersfield Behavioral Health & Recovery Services

Access Center and Hot Line: 1-661-868-8080

Mary K Shell Building, 2151 College Ave.,
Bakersfield 93305

Central point of access to Kern Behavioral Health and Recovery Services – Service eligibility, evaluation & service needs determined.

Kern Medical Center

1700 Mt. Vernon, Bakersfield **1-661-326-2000**

Bakersfield Behavioral Healthcare Hospital

5201 White Lane, Bakersfield **1-661-398-1800**
(Adults, Children, & Adolescents)

Crestwood Behavioral Health Center

6700 Eucalyptus Dr., Bakersfield **1-661-363-8127**

(National Alliance on Mental Illness (NAMI)
Kern County Chapter, Area of IWV/Ridgecrest
1-760-384-8672 (Janet)
Updated May, 2022

Medicare/Private-Pay/Insurance

Center for Personal & Family Counseling

501 W. Atkins, Ridgecrest

- Bob Huey, MA, LMFT 1-760-382-1783
- Tom Martin, Ph.D 1-760-371-5928
- Cori Moss-Hunter, LMFT 1-760-428-8673
- Kevin Seymour C Ph.D. 1-760-446-5515

Certified Civilian & Employee Assistance

Professional Drug & Alcohol Counselor NAWS
Building 456 Room 1
1-760-939-2480

Compassionate Couch

815 N. Downs St. Ste B, Ridgecrest 1-760-371-5393

- Melissa Price, LCSW 1-760-371-5393
- Jasmine Carter, LCSW 1-760-382-9927
- Pam Campbell, LMFT; Email:
pgcampbell12@outlook.com
- Lori Miller, LMFT 1-760-608-0872
- Darrelyn Dorais, LMFT 1-760-977-1286
- Lori Weidner-Alvarez, LMFT 1-760-382-7126
- Brittany Williams, APCC 1-760-371-5393
Student Intern

Crossroads Community Church

Personal, Family, Addiction Counseling
235 N. China Lake Blvd., Ridgecrest
1-760-384-3333

Amanda Locke, LCSW Southern Sierra Medical Center
105 E Sydnor Ave. 1-760-446-6404

Susan Logan, LMFT Immanuel Baptist
1201 N. China Lake Blvd., Ridgecrest
1-760-375-6348

Richard Rohrlick, LCSW Sierra View Psychotherapy
801 N. Downs, Ste I, Ridgecrest 1-760-375-0348

Anita Shumway-Walraven, MA, MFC Certified
Equine Assisted Psychotherapy (Military only)
1-760-375-7674

Fleet and Family Support Center (Military)

610 Blandly Ave. Bldg. 02308
1 Administration Circle, Stop 1323, Ridgecrest 1-
760-939-4545

Pregnancy Care Center

341 E. Ridgecrest Blvd. Ste. A, Ridgecrest
1-760-384-2273

Women's Center High Desert

134 S. China Lake Blvd., Ridgecrest
1-760-371-1969

Medi-Cal and Medi-Medi

College Community Services (CCS) – Medi-Cal

Telemedicine - Psychiatrist
1400 N. Norma, Ridgecrest 93555
1-760-499-7406

Omni Family Health – Telemedicine: Psychiatrist
and therapist; Medi-Cal, Medicare, Private
Insurance
1133 N. Chelsea Street, Ridgecrest, CA 93555
1-866-707-6664

Ridgecrest Regional Hospital Rural Health Clinic

Medi-Cal, Medicare, Private Insurance
1111 N. China Lake Blvd., Ridgecrest 93555
1-760-499-3863

Telemedicine: Ernest De Guzman M.D.,
Jagdeep Garewal M.D., Joe Kanchananakhin
M.D., Alejandra Suzuki M.D., (Child
Psychiatrist), Janine Arbalaez, Sharon NP-C.

Therapy: Maria Holm, LCSW, Maria Llamas,
LMFT, Cierra Cameron APCC, Amanda Lockie
LCSW, Walter Patton SUDCCII (Drug and
Alcohol Counselor)

Empower Counseling, 128 Gemstone Ave.
Mental Health, Behavioral Health and Substance Use
Cheri Celestine, LPCC 702-246-2315
Deborah Edwards, APCC 909-515-0441

(National Alliance on Mental Illness (NAMI)
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1-760-384-8672 (Janet)
Updated May, 2022