CONSEP
October 4 - 5
Pre-registration is required.
Two-day course for first-term and mid-career Sailors to explore the career opportunities available in the Navy and in the civilian sector.

HOME BUYING
October 6 | 1:30 PM
Is home ownership a dream of yours? Why not make it a goal and start planning how to make it a reality with proper training and right information!

NAVY SPOUSE IN TRANSITION
October 12 | 3 PM
This training will introduce transitioning spouses to the programs and resources they need to relocate, plan finances, access health care insurance, secure gainful employment and understand education and training options.

CFS TRAINING
October 17 - 21
Is home ownership a dream of yours? Why not make it a goal and start planning how to make it a reality with proper training and right information!

SPONSORSHIP TRAINING
October 18 | 10 AM
Pre-registration is required. We will review the roles and responsibilities of the Sponsor and discuss each stage of the program. Provides incoming personnel with communication, support, and relocation assistance to meet the Sailor’s needs.

SPOUSE JOB CLUB
October 18 | 10 AM
Are you a military spouse looking for work? Attend this workshop and gain insights about the local job market, as well as educational benefits, networking, resume writing and more.

IA SUPPORT GROUP
October 18 | 1 PM
Meet to share challenges, joys, and success strategies. Discuss challenges unique to an IA deployment and ways to have a happy homecoming for you, your children and your Sailor.

NAVY SPOUSE IN TRANSITION
October 19 | 11 AM
This training will introduce transitioning spouses to the programs and resources they need to relocate, plan finances, access health care insurance, secure gainful employment and understand education and training options.
LIFE SKILLS TRAINING
ANGER, TIME AND STRESS MANAGEMENT
October 19 | 3:30PM
Having a well-organized life reduces stress and improves self-esteem. Learn to take a thoughtful and proactive approach to addressing the stressors inherent in the military.

VA REFRESHER TRAINING
October 20 | 2 PM
Open to Credentialed Victim Advocates. Credentialed Victim Advocates must complete 32 hours of refresher training every two years to receive the latest SAPR program updates.

HOW TO CREATE A RESUME FOR MWR
October 25 | 10 AM
Looking for a job with MWR? Learn the process of getting hired at MWR including how to create a resume that will stand out to MWR hiring managers.

NAVIGATING FEDERAL EMPLOYMENT
October 25 | 1 PM
Get the latest information and resources to navigate the federal employment process. Learn tips from the experts on how to create the perfect federal employment resume.

TAILORING A RESUME
October 26 | 10 AM
A resume is the key to obtaining interviews. Fleet and Family Support Centers can help make sure your resume advertises your skills and abilities. Wow employers with an organized, effective and winning resume.

ACING THE INTERVIEW
October 26 | 1 PM
Make your dream job a reality! Gain information and resources to develop expert interview skills.

VOLUNTEER ORIENTATION
By Appointment
Learn about the volunteer opportunities available with the Fleet and Family Support Center. The Fleet and Family Support Center offers flexible schedules and various learning opportunities.

RELOCATION WORKSHOPS
By Appointment
Whether you are settling in or departing from a duty station, the relocation program can help ease the associated stress and make the transition easier for you and your family.