# FFSC Desert Compass

## **Guiding China Lake Through Every Season**

JAN, FEB, MAR 2026 | NAWS China Lake FFSC Quarterly Calendar





# FAMILY EMPLOYMENT READINESS PROGRAM (FERP)

#### **ACING THE INTERVIEW**

Make your dream job a reality! Gain information and resources to develop expert interview skills.

Jan 28 - 9 AM | Mar 10 - 9 AM

#### **CAREER EXPLORATION**

Take a career assessment to determine which careers fit your personality and skills. FFSC can help you find jobs that will follow your spouse through their career in the Navy career.

Jan 20 - 2PM | Mar 25 - 3 PM

#### **CAREER NETWORKING**

Explore the art of strategically making connections and building relationships that will bring more opportunities into your life.

Jan 8 - 10 AM | Mar 26 - 1 PM

#### **ENTREPRENEURSHIP PURSUIT OF SELF-EMPLOYMENT**

Discover how your strengths and life goals can align with successful business ownership. Uncover fundamental tools and strategies for launching and growing a small business.

Feb 17 - 3 PM

#### **JOB SEARCH STRATEGIES**

Are you looking for employment? Learn to find, federal, state, county, local, or remote jobs.

Jan 21- 2 PM | Mar 19 - 2 PM

#### **MWR RESUME**

Looking for a job with MWR? Learn the process of getting hired at MWR including how to create a resume that will stand out to MWR hiring managers.

Feb 9 - 9 AM | Mar 24 - 3 PM

#### **NAVIGATING FEDERAL EMPLOYMENT**

Get the latest information and resources to navigate the federal employment process. Learn tips from the experts on how to create the perfect federal employment resume.

Jan 22 - 10 AM | Feb 18 - 8 am

#### **TAILORING A RESUME**

A resume is the key to obtaining interviews. Fleet and Family Support Centers can help make sure your resume advertises your skills and abilities. Wow employers with an organized, effective, and winning resume.

Feb 12 - 2 PM | Mar 23 - 10 AM

RESERVATIONS REQUIRED FOR ALL WORKSHOPS I WEEK IN ADVANCE.
MOST WORKSHOPS CAN BE SCHEDULED VIRTUALLY BY REQUEST.

#### **DEPLOYMENT WORKSHOPS:**

#### **By Appointment**

Get the skills and resources needed to prepare for and manage the realities of separation and reintegration.

#### **VOLUNTEER ORIENTATION:**

#### **By Appointment**

Discover volunteer opportunities at the Fleet and Family Support Center with flexible schedules and diverse learning experiences.

#### **RELOCATION WORKSHOPS:**

#### **By Appointment**

Whether you are settling in or departing from a duty station, the relocation program can make the transition easier for you and your family.

#### **VIRTUAL CLASSES IN RED**



#### JAN, FEB, MAR 2026 | NAWS CHINA LAKE

#### **FINANCIAL MANAGEMENT PROGRAM (PFM)**

#### **PAYING OFF STUDENT LOANS**

Learn about student loan management options and how to take steps to apply repayment options.

Jan 21 - 3 PM

#### **CREDIT MANAGEMENT**

Find out what it takes to establish and maintain good credit, retain a safe debt load, and avoid excessive debt.

Jan 22 - 1 PM

#### **HOME BUYING**

Determine if you are ready to purchase a home. Discover how to choose a real estate agent and mortgage.

Jan 27 - 9 AM

#### **BANKING & FINANCIAL SERVICES**

Explore how to select a financial institution, choose an account type, and reconcile banking transactions.

Feb 5 - 2 PM

#### **DEVELOPING YOUR FINANCIAL PLAN**

Get the tools to develop financial goals and create a written plan to achieve those goals.

Feb 10 - 10 AM

#### **TAX PLANNING**

Examine tax terminology, tax credits, and how to file a 1040 individual tax return.

Feb 10 - 2 PM

#### **VACATION PLANNING**

Learn how to plan for the costs associated with travel and vacations.

Mar 18 - 1 PM

#### **PLANNING YOUR RETIREMENT**

Discover how to estimate retirement needs, understand military retirement plans and evaluate retirement account options.

Mar 19 - 10 AM

#### **CAR BUYING**

Get the knowledge to determine how much you can afford, how to conduct adequate research, and how to negotiate a fair price.

Mar 24 - 1 PM

#### **CFS QUARTERLY FORUM**

Are you a CFS, senior enlisted advisor, or command career counselor? We welcome you to attend this forum to discuss personal financial management trends, benefits, policy updates, and new financial programs.

Feb 11 - 3 PM

#### **CFS REFRESHER**

This 1 day course is required for all CFS's tri-annually. Come refresh your financial counseling skills. Pre-requisites required.

Feb 20 - 8 AM - 4 PM

#### **RELOCATION (RELO)**

#### **SPONSORSHIP TRAINING**

Pre-registration is required. We will discuss the benefits of a successful sponsorship program and review the roles and responsibilities of command sponsors.

Jan 21 - 12 PM

Feb 19 - 3 PM

Mar 11 - 8 AM

#### **WELCOME TO CHINA LAKE BRIEF**

Connect with fellow military families, explore local hidden gems, and dive into valuable insights on military programs. Get resources for foreign-born spouses and new Navy spouses. Let's build a supportive community together.

Jan 7 - 10 AM | Jan 20 - 9 AM Feb 18 - 12 PM | Feb 11 - 1 PM Mar 24 - 9 AM | Mar 18 - 2 PM

# MIND BODY MENTAL FITNESS PROGRAM (MBMF)

Learn to enhance the mind, body, spirit, and social domains in one's life. MBMF teaches proactive pathways to achieve mental fitness and gives you the tools to manage stress.

Jan 6 - 2 PM Module 1: Stress Resilience

Jan 13 - 2 PM Module 2: Mindfulness

Jan 20 • 2 PM Module 3: Living Core Values

Jan 27 - 2 PM Module 4: Flexibility

Feb 03 - 2 PM Module 5: Problem Solving

Feb 10 - 2 PM Module 6: Connection

Mar 03 - 2 PM Module 1: Stress Resilience

Mar 10 - 2 PM Module 2: Mindfulness

Mar 17 - 2 PM Module 3: Living Core Values

Mar 24 - 2 PM Module 4: Flexibility

Mar 31 - 2 PM Module 5: Problem Solving

Apr 7 - 2 PM Module 6: Connection



#### JAN, FEB, MAR 2026 | NAWS CHINA LAKE

#### **EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)**



#### **EFMP COFFEE & CHAOS**

Bring your little ones to play while you have coffee and learn about advocacy tips for parents of children in EFMP. (In Person only)

Jan 7 - 4 PM | Feb 4 - 4 PM | Mar 4 - 4 PM

#### **EFMP POC TRAINING**

Commands will learn to develop and establish an EFMP Point of Contact program. EFMP POC's support EFMP families by providing enhanced communication, information, and referral to Medical and Fleet & Family services.

Jan 29 - 10 AM | Feb 17 - 8 AM | Mar 11 - 11 AM

#### **EFMP: 504 AND IEP - WHAT DO THEY MEAN?**

This workshop addresses the differences between 504 plans and Individual Education Plans (IEP) and how to advocate for your child to receive the proper services needed for their individual needs.

Jan 23 - 11 AM | Feb 6 - 10 AM | Mar 20 - 2 PM

#### **EFMP: RESOURCES & SUPPORT**

Come and gain valuable insight into the EFMP program and resources needed to support your EFMP family member. Learn and share tips with other EFMP families.

Jan 27 - 10 AM | Feb 24 - 1 PM | Mar 9 - 8 AM

#### **PARENTING**

#### **ACTIVE PARENTING: FIRST 5 YEARS**

#### **Pre-Registration is required**

Parents and caregivers of littles, this class is for you. Learn child development principals along with age-appropriate behaviors utilizing ages and stages in this 4-part interactive series. We will focus on encouraging positive behaviors, preventing problems and learn methods for positive discipline.

Jan 07 - 11 AM Session 1: You and Your Child

Jan 14 - 11 AM Session 2: Preventing Problems
Jan 21 - 11 AM Session 3: Encouraging Positive Behavior

Jan 28 - 11 AM Session 4: Preparing for School Success

#### **ACTIVE PARENTING: BASICS**

New parents, established parents, and completely confused parents - this is the class for you! In this 5 part interactive series, learn the basics of development and communication with your little person(s). Each class builds knowledge and skills on how to build relationships and bridges of communication with your children ages 0-18.

Pre-Registration is required.

Mar 03 - 11 AM Session 1: The Active Parent:

Mar 10 - 11 AM Session 2: Cooperation and Communication

Mar 17 - 11 AM Session 3: Responsibility and Discipline

Mar 24 - 11 AM Session 4: Building Courage and Self Esteem

Mar 31 - 11 AM Session 5: Understanding the Redirecting Misbehavior

#### **PARENT & FAMILY RESOURCES WEBINAR**

Brief overview of community and virtual resources available to military families.

Jan 6 · 3:30 PM | Feb 3 · 12 PM | Mar 3 · 3:30 PM

#### **FFSC WINTER SERIES**

Family Fun Games | Mirror Lake Recreation Center - Bldg 02733

Crafting & Games | Liberty Housing - 1409 Kearsarge Ave Jan 13 - 10 AM - 12 PM

Crafting & Games | FFSC Childrens Playroom - Bldg 02308 Jan 20 - 10 AM - 12 PM

Family Fun Games | Mirror Lake Recreation Center - Bldg 02733 Jan 27 - 10 AM - 12 PM



#### **LIFE SKILLS**

#### **SUICIDE PREVENTION GMT**

Gain the tools, resources, and confidence to recognize someone at risk and how to intervene. Learn suicide risk and protective factors, warning signs, lethal means safety, and active postvention.

Jan 14 - 3 PM | Mar 11 - 3 PM

#### **EFFECTIVE COMMUNICATION SKILLS**

Learn how to utilize the power of effective communication as a vehicle for enhancing relationships at work and at home.

Feb 11 - 2 PM

#### **ANGER MANAGEMENT**

Learn to address signs and symptoms of anger mismanagement, identify effective ways to express anger, and identify resources available to assist in changing destructive anger related behaviors.

Feb 17 - 2PM

#### **CONFLICT MANAGEMENT**

Apply collaborative problem-solving techniques to create positive outcomes from conflict situations.

Jan 14 - 2 PM | Mar 4 - 10 AM

#### TRANSITION ASSISTANCE PROGRAM

#### **TAP CLASS 3 DAY CORE CURRICULUM**

TAP provides separating/retiring service members and their families with the skills, tools and self-confidence necessary to successfully re-enter the civilian work force, pursue higher education, or technical training. This class is your compass for a smooth journey into civilian life.

Jan 5 - 9 | March 2 - 8

#### **TAP TRACK: EMPLOYMENT**

Comprehensive employment workshop covering best practices in career development, including learning interview skills, building effective resumes, and using emerging technology to network and search for employment.

Jan 8 - 9 | March 2 - 8

#### **TAP TRACK: ENTREPRENEURSHIP**

Interested in exploring business ownership or other self-employment opportunities? Learn about evaluating business concepts, developing a business plan, accessing start-up capital, and contracting opportunities

Jan 8 - 9

#### **TAP TRACK: EDUCATION**

This course includes information on choosing a field of study, selecting an institution, gaining admission, and funding your education.

Mar 5 - 6

#### PRE-SEPARATION COUNSELING

Jan 26 - 1 PM

Feb 23 - 3 PM

Mar 10 - 3 PM



#### JAN, FEB, MAR 2026 | NAWS CHINA LAKE

#### **FAMILY ADVOCACY PROGRAM (FAP)**

#### **FAMILY ADVOCACY: INTIMATE PARTNER VIOLENCE**

Discover how the Navy addresses intimate partner violence to strengthen family health and readiness. Learn about prevention strategies, mandatory reporting, and supporting victims.

Jan 15 - 2 PM

#### **HEALTHY RELATIONSHIPS & TEEN DATING VIOLENCE PREVENTION**

It's never too early to talk to your child about healthy relationships and dating violence. Put your teen on track to manage a healthy relationship, understand boundaries, and recognize signs of abuse.

Feb 05 - 2 PM

#### **IDENTIFICATION AND REPORTING OF CHILD ABUSE AND NEGLECT**

Find out how the Navy addresses child abuse and neglect. Learn about prevention strategies, mandatory reporting, how to recognize and how to report signs of child abuse and neglect.

Mar 5 - 2 PM

#### **FAMILY ADVOCACY PROGRAM OVERVIEW**

Overview of the Family Advocacy Program (FAP) prevention and intervention process.

Jan 8 - 2 PM | Feb 10 - 11 AM | Mar 18 - 2 PM

#### **FAP LEADERSHIP ORIENTATION**

This 1.5 - hour training provides an overview of the Family Advocacy Program, the Sailor Assistance & Intercept for Life (SAIL) program, a review of Problematic Sexual Behavior in Children & Youth (PSB-CY) policy and MDT meeting requirements.

- Fulfills OPNAVINST 1752.2C, for new Commanding Officers to be oriented to the Family Advocacy Program in the local area within 90 days of assuming command.
- Fulfills annual training requirements for Senior Enlisted Advisors.

Jan 8 - 3 PM | Feb 11 - 11 AM | Mar 18 - 3 PM

#### **TEEN DATING VIOLENCE ACTIVITIES & EVENTS**

ALL MONTH LONG: HELP BUILD AWARENESS AND WEAR ORANGE EVERY TUESDAY IN FEBRUARY

ALL MONTH LONG: HEALTHY RELATIONSHIP WALL AT THE NEX

FEB 02 · 3:30 - 4:30 PM

**VALENTINES AND CRAFTING AT FFSC** 

FEB 03 · 3:30 - 5:30 PM

#### KNOCK DOWN TEEN DATING VIOLENCE BOWLING EVENT!

Join FFSC and MWR Recreation, for Knock Down TDV Bowling at Hall Memorial Lanes. Help us shine the light on Teen Dating Violence. Teens bowl for FREE! All teens with base access welcome.

FEB 05 · 2 PM

#### **HEALTHY RELATIONSHIPS & TEEN DATING VIOLENCE PREVENTION**

It's never too early to talk to your child about healthy relationships and dating violence. Put your teens on track to manage a healthy relationship, understand boundaries, and recognize signs of abuse.

FEB 20 · 6 - 8 PM

**PAINT & POP ACTIVITY AT Mirror Lake** 



JAN, FEB, MAR 2026 | NAWS CHINA LAKE

#### **SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR)**

#### **SAPR COMMAND DUTY OFFICER TRAINING (OFFERED QUARTERLY)**

If you are a Command Duty Officer, please join your SAPR program to receive your quarterly update on policy changes, updates to SAPR services and procedures, and obtain the resources needed to help those you support.

Jan 14 - 2 PM



Overview of the SAPR program for dependents (over 18) and spouses of Service members. Know your options, resources, intervention skills, and receive information on how you can support others who experience sexual violence.

Jan 12 - 11 AM | Jan 12 - 3 PM | Mar 9 - 11 AM | Mar 9 - 3 PM



This 1 - hour training fulfills the SAPR training requirements for OPNAVINST 1752.2C for new Commanding Officers, Executive Officers, Senior Enlisted Leaders, or Officers in Charge to be oriented to the SAPR program at NAWSCL within the mandatory 30 days of assuming command.

Jan 20 - 11 AM | Feb 24 - 11 AM | Mar 17 - 11 AM



Are you a new Commanding Officer, Executive Officer, Senior Enlisted Leader, or Officer in Charge at China Lake? Or do you need your yearly SACMG refresher training? In addition to the Commander's Toolkit Training, this training will orient you to your responsibilities and the process of the SAPR Case Management Group. Fulfills CINCINST 1752.4 requirements and is required prior to attendance of SACMG.

Jan 20 - 12 PM | Feb 24 - 12 PM | Mar 17 - 12 PM

#### OMBUDSMAN PROGRAM

#### **OMBUDSMAN TRAINING (OBT)**

**Hybrid sessions** 

Mandatory 17.5-hour course provides Ombudsmen with the knowledge, skills and resources needed to be successful in their volunteer role. This workshop is open to newly appointed Ombudsman, current ombudsman, and command point of contacts.

### MUST ATTEND ALL 4 WORKSHOPS FOR OMBUDSMAN CERTIFICATION.

\*\*Registration ends March 2nd Contact Deborah Edwards 760-939-4553

Mar 16 • 8 AM • 1 PM Mar 17 • 8 AM • 1 PM Mar 18 • 8 AM • 1 PM Mar 19 • 8 AM • 1 PM



#### **NAWS CHINA LAKE BASE INDOC**

#### **OPEN TO ALL COMMANDS**

#### To Register Contact: tyler.s.yi.mil@us.navy.mil

Indoc is the ticket to a smooth and successful tour at NAWS China Lake. Learn about base resources, programs, and services. Meet leadership and program contacts.

Feb 9 - Feb 12

Apr 6 - Apr 8

Jun 1 - Jun 4

**Aug 3 - Aug 5** 

Oct 5 - Oct 7

Dec 14 - Dec 17



# FREE TAX PREPARATION SERVICES AT FFSC

**VOLUNTEER INCOME TAX ASSISTANCE (VITA)** 

**Our VITA Program offers:** 



FREE TAX PREPARATION AND FILING

Get your taxes filed quickly and accurately at no cost!



FREE AMENDED TAX RETURNS

If you need to amend previous years' taxes, we can assist you.



MILITARY
TAX EXPERTS

Our tax professionals are trained to handle military-related tax situations and issues.

#### Who is eligible:

Military families, retirees, and DoD employees.

#### **Location and Hours:**

FFSC - Bldg. 2308 Blandy Ave Monday - Thursday 8:00 am - 3:00 pm Non-Flex Friday 8:00 am - 2:00 pm

#### **Contact Us:**

For more information or to schedule an appointment, call 760-939-4545 or email us at NAWSCL FFSC@us.navy.mil



Follow us on social media



Subscribe to text alerts



