

FFSC Desert Compass

Guiding China Lake Through Every Season

JUL, AUG, SEP 2026 | NAWS China Lake FFSC Quarterly Calendar



NAWS CHINA LAKE BASE INDOC

OPEN TO ALL COMMANDS

To Register Contact: christian.e.martinez9.mil@us.navy.mil
Indoc is the ticket to a smooth and successful tour at NAWS China Lake. Learn about base resources, programs, and services. Meet leadership and program contacts.

Aug 3 - Aug 5 | Oct 5 - Oct 7 | Dec 14 - Dec 17

SCAN HERE
TO STAY UPDATED ON
FFSC NAWS CHINA LAKE



DEPLOYMENT WORKSHOPS:

By Appointment

Get the skills and resources needed to prepare for and manage the realities of separation and reintegration.

VOLUNTEER ORIENTATION:

By Appointment

Discover volunteer opportunities at the Fleet and Family Support Center with flexible schedules and diverse learning experiences.

RELOCATION WORKSHOPS:

By Appointment

Whether you are settling in or departing from a duty station, the relocation program can make the transition easier for you and your family.

FFSC Family SUMMER Series

EVERY TUESDAY IN JULY
10AM - 12PM

Locations will vary each week
The Summer Series will feature a variety of fun activities for our military families during summer break.

July 7 | Crafting & Games | Liberty Housing Clubhouse

July 14 | Crafting & Games | Take 5 Meeting Room

July 21 | "Axe-citing" Family Time | Mirror Lake

July 28 | Back to School Activities | FFSC Children's Playroom

VIRTUAL CLASSES IN GREEN



STRIKE UP SOME FAMILY FUN!

TUESDAY, AUGUST 4
3:30 PM - 5:30 PM

HALL MEMORIAL LANES, BLDG. 01092 KING AVE. NAWS CHINA LAKE, CA 93555

Join MWR Recreation and Fleet & Family Support Center as we Strike up Some Fun at Hall Memorial Lanes!
Questions? Call FFSC at 760-939-4545,
or email nawsc_ffsc@us.navy.mil.

Active Duty and Dependents
bowl for free from 3:30-5:30 PM






OMBUDSMAN PROGRAM

OMBUDSMAN TRAINING (OBT)

Hybrid sessions

Mandatory 17.5-hour course provides Ombudsmen with the knowledge, skills and resources needed to be successful in their volunteer role. This workshop is open to newly appointed Ombudsman, current ombudsman, and command point of contacts.

Must attend all 4 workshops for Ombudsman Certification.

****Registration ends Sept. 14, 2026 Contact Deborah Edwards 760-939-4553**

Sep 21 - 5 PM - 9:30 PM | Sep 22 - 5 PM - 9:30 PM

Sep 23 - 5 PM - 9:30 PM | Sep 24 - 5 PM - 9:30 PM

FAMILY EMPLOYMENT READINESS PROGRAM (FERP)

ACING THE INTERVIEW

Make your dream job a reality! Gain information and resources to develop expert interview skills.

Jul 16 - 11 AM | Sep 16 - 9 AM

CAREER EXPLORATION

Take a career assessment to determine which careers fit your personality and skills. FFSC can help you find jobs that will follow your spouse through their career in the Navy career.

Jul 7 - 2 PM | Sep 16 - 3 PM

CAREER NETWORKING

Explore the art of strategically making connections and building relationships that will bring more opportunities into your life.

Jul 16 - 2 PM | Sep 9 - 9 AM

ENTREPRENEURSHIP PURSUIT OF SELF-EMPLOYMENT

Discover how your strengths and life goals can align with successful business ownership. Uncover fundamental tools and strategies for launching and growing a small business.

Aug 4 - 3 PM | Sep 17 - 2 PM

JOB SEARCH STRATEGIES

Are you looking for employment? Learn to find, federal, state, county, local, or remote jobs.

Jul 15 - 2 PM | Sep 24 - 9 AM

MWR RESUME

Looking for a job with MWR? Learn the process of getting hired at MWR including how to create a resume that will stand out to MWR hiring managers.

Aug 25 - 9 AM | Sep 22 - 10 AM

NAVIGATING FEDERAL EMPLOYMENT

Get the latest information and resources to navigate the federal employment process. Learn tips from the experts on how to create the perfect federal employment resume.

Aug 12 - 8 AM | Sep 2 - 1 PM

TAILORING A RESUME

A resume is the key to obtaining interviews. Fleet and Family Support Centers can help make sure your resume advertises your skills and abilities. Wow employers with an organized, effective, and winning resume.

Aug 6 - 11 AM | Sep 18 - 2 PM

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EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

EFMP POC TRAINING

Commands will learn to develop and establish an EFMP Point of Contact program. EFMP POC's support EFMP families by providing enhanced communication, information, and referral to Medical and Fleet & Family services.

Jul 14 - 2 PM | AUG 24 - 8 AM | SEP 8 - 11 AM

EFMP: RESOURCES, 504 & IEP SUPPORT

This workshop addresses the difference between 504 plans and Individual Education Plans (IEP) and how to advocate for your child to receive the proper services needed for their individual needs. Come and gain valuable insight into the EFMP program and resources needed to support your EFMP family member. Learn and share tips with other EFMP families.

Jul 21 - 11 AM | Aug 11 - 1 PM | Sep 18 - 9 AM



JULY
SPOUSE SOCIAL
&
SOUND
PLAY

July 30 - 2PM
In the FFSC Children's Playroom
Aug 31 - 8AM & Sep 24 - 11AM

 **EFMP** Family Support

EFMP & FRIENDS SENSORY SERIES

Sensory play is crucial for early childhood development as it helps children make sense of the world around them and supports their cognitive, physical, and emotional growth. It can include a variety of materials and experiences that encourage children to explore and interact with their environment.

WATER PLAY

Fill a container with water and provide cups, sponges, and toys for pouring and splashing. This activity engages the senses of touch and sight while promoting fine motor skills.

JUL 9 - 10 AM | AUG 6 - 2 PM | SEP 3 - 11 AM

ART PLAY

Use finger paints, textured papers, or scented markers to engage children's senses while they create art.

JUL 16 - 2 PM | AUG 10 - 10 AM | SEP 10 - 12 PM

TACTILE PLAY

Use materials like sand, rice, or playdough for children to manipulate using their hands or with tools like scoops and molds to encourage exploration.

JUL 23 - 10 AM | AUG 27 - 2 PM | SEP 17 - 12 PM

SOUND PLAY

Introduce musical instruments or sound-making objects (like crinkly paper or bells) to stimulate auditory senses and encourage rhythm and movement.

JUL 30 - 2 PM | AUG 31 - 8 AM | SEP 24 - 11 AM

VIRTUAL CLASSES IN GREEN

How To Avoid Phone Scams: DON'T TRUST CALLER ID

Your caller ID might show a real government agency or company name or phone number.

But scammers can fake caller ID. **Don't trust it** — even if it looks real.



Here's what to do:

- ▶ **Get call blocking apps or services.** This will help you get fewer scam calls.
- ▶ **Only call a phone number you know is real if you want to confirm.**
- ▶ **Report scam calls.** Tell the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/report-fraud).



Learn more at
[ftc.gov/calls](https://www.ftc.gov/calls)



FEDERAL TRADE
COMMISSION

LIFE SKILLS

SUICIDE PREVENTION GMT

Gain the tools, resources, and confidence to recognize someone at risk and how to intervene. Learn suicide risk and protective factors, warning signs, lethal means safety, and active postvention.

Jul 8 • 3 PM | Sep 16 • 3 PM

EFFECTIVE COMMUNICATION SKILLS

Learn how to utilize the power of effective communication as a vehicle for enhancing relationships at work and at home.

Aug 12 • 2 PM

ANGER MANAGEMENT

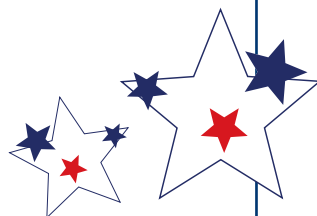
Learn to address signs and symptoms of anger mismanagement, identify effective ways to express anger, and identify resources available to assist in changing destructive anger related behaviors.

Aug 18 • 2 PM

CONFLICT MANAGEMENT

Apply collaborative problem-solving techniques to create positive outcomes from conflict situations.

Aug 25 • 2 PM



VIRTUAL CLASSES IN GREEN

MIND BODY MENTAL FITNESS PROGRAM (MBMF)

Learn to enhance the mind, body, spirit, and social domains in one's life. MBMF teaches proactive pathways to achieve mental fitness and gives you the tools to manage stress.

MODULE 1: STRESS RESILIENCE

July 7 • 2PM | July 9 • 2PM

Sept. 1 • 2PM | Sept. 3 • 2PM

MODULE 2: MINDFULNESS

July 14 • 2PM | July 16 • 2PM

Sept. 8 • 2PM | Sept. 10 • 2PM

MODULE 3: LIVING CORE VALUES

July 21 • 2PM | July 23 • 2PM

Sept. 15 • 2PM | Sept. 17 • 2PM

MODULE 4: FLEXIBILITY

July 28 • 2PM | July 30 • 2PM

Sept. 22 • 2PM | Sept. 24 • 2PM

MODULE 5: PROBLEM SOLVING

Aug. 4 • 2PM | Aug. 6 • 2PM

Sept. 29 • 2PM | Oct. 1 • 2PM

MODULE 6: CONNECTION

Aug. 11 • 2PM | Aug. 13 • 2PM

Oct. 6 • 2PM | Oct. 8 • 2PM

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FAMILY ADVOCACY PROGRAM (FAP)

FAMILY ADVOCACY: INTIMATE PARTNER VIOLENCE

Discover how the Navy addresses intimate partner violence to strengthen family health and readiness. Learn about prevention strategies, mandatory reporting, and supporting victims.

Aug 5 - 9 AM

HEALTHY RELATIONSHIPS & TEEN DATING VIOLENCE PREVENTION

It's never too early to talk to your child about healthy relationships and dating violence. Put your teen on track to manage a healthy relationship, understand boundaries, and recognize signs of abuse.

Jul 29 - 1 PM

IDENTIFICATION AND REPORTING OF CHILD ABUSE AND NEGLECT

Find out how the Navy addresses child abuse and neglect. Learn about prevention strategies, mandatory reporting, how to recognize and how to report signs of child abuse and neglect.

Jul 10 - 10AM

FAMILY ADVOCACY PROGRAM OVERVIEW

Overview of the Family Advocacy Program (FAP) prevention and intervention process.

Jul 10 - 8 AM | Aug 5 - 8 AM | Sep 3 - 8 AM

FAP LEADERSHIP ORIENTATION

This 1.5 - hour training provides an overview of the Family Advocacy Program, the Sailor Assistance & Intercept for Life (SAIL) program, a review of Problematic Sexual Behavior in Children & Youth (PSB-CY) policy and MDT meeting requirements.

- Fulfills OPNAVINST 1752.2C, for new Commanding Officers to be oriented to the Family Advocacy Program in the local area within 90 days of assuming command.
- Fulfills annual training requirements for Senior Enlisted Advisors.

Jul 8 - 1 PM | Aug 6 - 8 AM | Sep 2 - 8 AM

PREVENTING AND RESPONDING TO PROBLEMATIC SEXUAL BEHAVIOR IN CHILDREN AND YOUTH (PSB-CY)

Discover and refresh on the Navy's prevention and response efforts to PSB-CY. Learn the basics of child sexual development and the continuum of childhood sexual behaviors, recognize vulnerabilities and protective factors, understand when and how to make a PSB-CY report to FAP.

Jul 15 - 1 PM

VIRTUAL CLASSES IN GREEN

SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR)

SAPR COMMAND DUTY OFFICER TRAINING (OFFERED QUARTERLY)

If you are a Command Duty Officer, please join your SAPR program to receive your quarterly update on policy changes, updates to SAPR services and procedures, and obtain the resources needed to help those you support.

Jul 15 - 2 PM

SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR) -

SPOUSE ORIENTATION

Overview of the SAPR program for dependents (over 18) and spouses of Service members. Know your options, resources, intervention skills, and receive information on how you can support others who experience sexual violence.

Jul 13 - 11 AM | Jul 13 - 3 PM

Sep 14 - 11 AM | Sep 14 - 3 PM

SEXUAL ASSAULT RESPONSE PROGRAM

COMMAND LEADERSHIP TRAINING

This 1 - hour training fulfills the SAPR training requirements for OPNAVINST 1752.2C for new Commanding Officers, Executive Officers, Senior Enlisted Leaders, or Officers in Charge to be oriented to the SAPR program at NAWSCL within the mandatory 30 days of assuming command.

Jul 14 - 11 AM | Aug 25 - 11 AM | Sep 15 - 11 AM

SEXUAL ASSAULT CASE MANAGEMENT GROUP (SACMG) TRAINING

Are you a new Commanding Officer, Executive Officer, Senior Enlisted Leader, or Officer in Charge at China Lake? Or do you need your yearly SACMG refresher training? In addition to the Commander's Toolkit Training, this training will orient you to your responsibilities and the process of the SAPR Case Management Group. Fulfills CINCINST 1752.4 requirements and is required prior to attendance of SACMG.

Jul 14 - 12 PM | Aug 25 - 12 PM | Sep 15 - 12 PM

RELOCATION (RELO)

SPONSORSHIP TRAINING

Pre-registration with command Sponsorship Coordinator required.

We will discuss the benefits of a successful sponsorship program and review the roles and responsibilities of command sponsors.

Jul 28 - 1 PM | Aug 12 - 3 PM | Mar 11 - 8 AM

WELCOME TO CHINA LAKE BRIEF

Connect with fellow military families, explore local hidden gems, and dive into valuable insights on military programs. Get resources for foreign-born spouses and new Navy spouses. Let's build a supportive community together.

Jul 8 - 1 PM | July 29 - 8 AM

Aug 10 - 1 PM | Aug 26 - 9 AM

Sep 8 - 9 AM | Sep 21 - 2 PM

PARENTING

ACTIVE PARENTING: FIRST 5 YEARS

Pre-Registration is required

Parents and caregivers of littles, this class is for you. Learn child development principals along with age-appropriate behaviors utilizing ages and stages in this 4-part interactive series. We will focus on encouraging positive behaviors, preventing problems and learn methods for positive discipline.

Aug 5 - 11 AM Session 1:

You and Your Child

Aug 12 - 11 AM Session 2:

Preventing Problems

Aug 19 - 11 AM Session 3:

Encouraging Positive Behavior

Aug 26 - 11 AM Session 4:

Preparing for School Success

ACTIVE PARENTING: BASICS

Pre-Registration is required

New parents, established parents, and completely confused parents - this is the class for you! In this 5 part interactive series, learn the basics of development and communication with your little person(s). Each class builds knowledge and skills on how to build relationships and bridges of communication with your children ages 0-18.

Sep 14 - 9 AM Session 1:

The Active Parent:

Sep 15 - 9 AM Session 2:

Cooperation and Communication

Sep 16 - 9 AM Session 3:

Responsibility and Discipline

Sep 17 - 9 AM Session 4:

Building Courage and Self Esteem

Sep 18 - 9 AM Session 5:

Understanding & Redirecting Misbehavior

PARENT & FAMILY RESOURCES WEBINAR

Brief overview of community and virtual resources available to military families.

Jul 7 - 9 AM

Aug 4 - 10 AM

Sep 1 - 9 AM

VIRTUAL CLASSES IN GREEN

FLEET AND FAMILY SUPPORT CENTER

STORY TIME

WEDNESDAYS FROM 10-11 AM

Join us each week for a fun reading and playful experience!

July 1 | Liberty Housing Club House
July 8 | FFSC Children's Playroom
July 15 | Liberty Housing Club House
July 22 | FFSC Children's Playroom
July 29 | Liberty Housing Club House



GOT FEEDBACK?
FILL OUT OUR FFSC SURVEY!



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FINANCIAL MANAGEMENT PROGRAM (PFM)

TAX PLANNING

Explore tax credits and discover the differences between the standard and itemized deductions.

Jul 7 - 11 AM

CONSUMER AWARENESS

Master the art of deterring, detecting and defending against consumer fraud. Learn to identify scams and protect yourself.

Jul 8 - 3 PM

PAYING FOR COLLEGE

Get information on college funding, financial aid resources, college savings plans, and tax incentives.

Jul 14 - 1 PM

CFS QUARTERLY FORUM AND PFM LEADERSHIP BRIEF

Are you a CFS, senior enlisted advisor, or command career counselor? We welcome you to attend this forum to discuss personal financial management trends, benefits, policy updates, and new financial programs

Jul 16 - 3 PM

DEBT DESTROYER

Explore strategies to wipe out debt fast. Create a financial plan that will help you achieve your financial goals.

Jul 28 - 9 AM

CAR BUYING

Determine a fair car price that fits your financial situation. Learn to research and negotiate a car purchase.

Aug 5 - 9 AM

FINANCIAL MANAGEMENT PROGRAM (PFM)

SURVIVOR BENEFITS PLAN

Get all the details of this retiree pay insurance so that you can make an informed decision for your family.

Aug 11 - 3 PM

CREDIT MANAGEMENT

Learn what it takes to establish and maintain good credit, determine a safe debt load, and avoid excessive debt.

Aug 12 - 3 PM

MILLION DOLLAR SAILOR

This two-day wealth-building workshop trains you to successfully navigate life's most important financial decisions

Aug 17 - 18 - 8 AM - 4 PM

CFS CERTIFICATION COURSE

This course trains command nominated CFS's on how to implement CFS policy including how to provide financial counseling, facilitate training, and make referrals. Completion of Million Dollar Sailor Course required.

Aug 19 - 21 - 8 AM - 4 PM

DISASTER PREPAREDNESS

Learn to identify the information and resources you need to be physically and financially ready for an emergency

Sep 1 - 3 PM

DEVELOPING YOUR SPENDING PLAN

Get the tools to complete a spending plan that will help you achieve your financial goals.

Sep 16 - 11 AM

TRANSITION ASSISTANCE PROGRAM

PRE-SEPARATION COUNSELING

This 2 hour Pre-Separation Counseling Workshop provides an overview of the transition process, benefits, services, and resources available. Pre-Separation counseling is required at least 365 days prior to transition and is a pre-requisite to the TAP class.

Jul 9 - 3 PM | Aug 10 - 8 AM | Sep 15 - 3 PM

TAP CLASS 3 DAY CORE CURRICULUM

TAP provides separating/retiring service members and their families with the skills, tools and self-confidence necessary to successfully re-enter civilian life.

Jul 20 - 24 | Sep 28 - Oct 2

TAP TRACK: EMPLOYMENT

Comprehensive employment workshop covering best practices in career development, including learning interview skills, building effective resumes, and using emerging technology to network and search for employment.

Jul 23 - 24 | Oct 1 - Oct 2

TAP TRACK: EDUCATION

This course includes information on choosing a field of study, selecting an institution, gaining admission, and funding your education.

Jul 23 - 24

TAP TRACK: ENTREPRENEURSHIP

Interested in exploring business ownership or other self-employment opportunities? Learn about evaluating business concepts, developing a business plan, accessing start-up capital, and contracting opportunities

Oct 1 - Oct 2

