

# EFMP & FRIENDS SENSORY SERIES

Sensory play is crucial for early childhood development as it helps children make sense of the world around them and supports their cognitive, physical, and emotional growth. It can include a variety of materials and experiences that encourage children to explore and interact with their environment.

## ART PLAY

Use finger paints, textured papers, or scented markers to engage children's senses while they create art. **Event will take place in the FFSC playroom Oct 8 at Boulder Park in base housing on Nov 5, Dec 3.**

Nov 5 • 3 PM | Dec 3 • 2 PM

## TACTILE PLAY

Use materials like sand, rice, or playdough for children to manipulate using their hands or with tools like scoops and molds to encourage exploration. **Event will take place in the FFSC playroom Dec 10 at Boulder Park in base housing on Oct 15, Nov 19.**

Oct 15 • 3 PM | Nov 19 • 12 PM | Dec 10 • 10 AM

## SOUND PLAY

Introduce musical instruments or sound-making objects (like crinkly paper or bells) to stimulate auditory senses and encourage rhythm and movement. **All these events will take place at the Children's room at**

Oct 22 • 11 AM | Nov 12 • 3 PM | Dec 17 • 10 AM



FFSC NAWS China Lake | Bldg. 02308 Blandy Ave  
[chinalake.navylifesw.com](http://chinalake.navylifesw.com) | 760-939-4545  
[NAWSCL\\_FFSC@us.navy.mil](mailto:NAWSCL_FFSC@us.navy.mil)



**EFMP** Family Support